

SQUID INK

restaurant

Summer 2009 Dinner Menu

Marinated olives & a selection of homemade bread will be served on arrival (homemade gluten free bread is also available on request)

To Start

Tempura squid (locally caught squid fried in a light crisp batter of flour & sparkling mineral water) served with sweet chilli sauce (df) £6.95

Local crab & vermicelli noodle salad with a fresh chilli, lime & coriander dressing (shf/gf/df) £6.95

Locally smoked mackerel fillet on gremolata cannellini beans (lemon, garlic, flat leaf parsley & olive oil dressed white beans) (df/gf) £6.25

Cream of sweetcorn bisque with sautéed tiger prawns & coriander butter (shf) £6.25

Crostini of free range duck liver parfait infused with lemon & ginger wine £5.95

Cornish goats cheese, roasted red pepper & asparagus tart (v) £6.25

Main Courses

All main courses are served with a selection of seasonal vegetables and potatoes or optional side salad

Fillet of Looe day boat fish & Fowey river mussels en papillote (baked in a parchment parcel with Camel Valley dry white wine, saffron & flat leaf parsley) (gf/df/shf) £16.25

Pan fried John Dory fillets on a chorizo & chick pea stew (gf/df) £16.95

Tagliatelle nero (black ribbon pasta flavoured with squid ink) with seared local scallops, king prawns and salsa verde (shf/df) £16.25

Roast fillet of halibut with a Cornish crab crust & caper butter (df/shf) £17.25

Wild mushroom & artichoke baked risotto cakes with creamy Cornish Blue cheese dip (v/gf) £14.95

Breast of free range chicken stuffed with soft Cornish black pepper cheese & wrapped in Westcountry streaky bacon (gf) £15.25

Squid Ink surf & turf (fillet of Cornish beef with seared scallops, pan fried king prawns & tempura battered squid) (gf/shf) £18.95

Desserts

Organic lemon tart with Cornish clotted cream £5.50

Chocolate pancake with pistachio nuts & vanilla ice cream (n) £5.95

Rhubarb syllabub with stem ginger & almond biscotti (n) £6.25

Trio of Treleavens ice creams with clotted cream shortbread £5.50

Strawberry & white chocolate cheesecake £6.25

Local cheeseboard with homemade oat cakes £6.95

In addition to the above dishes we will have daily 'specials' showcasing the best seasonal local ingredients. Please note that this menu is subject to change depending on the availability of fresh produce.

Dietary key: (shf) = shellfish (v) = vegetarian (gf) = gluten free (df) = dairy free
(n) = contains nuts

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Squid Ink restaurant, Lower Chapel Street, East Looe PL13 1AT Tel: 01503 262674